

**2<sup>nd</sup> Annual  
Ronald McDonald House  
Charity Bike Ride 2009  
Saturday, August 22, 2009**  
Benefiting the  
Ronald McDonald House Charities of Madison

**What is the Ronald McDonald House?**

The Ronald McDonald House Charities of Madison is literally a "home away from home" where families can stay while their children are receiving medical care in Madison, WI. Families come to the RMHC Madison from across the U.S. and abroad. To learn more about The Ronald McDonald House Charities of Madison, please visit [www.rmhcmadison.org](http://www.rmhcmadison.org)

**What is the ride like?**

- For the cycling enthusiast, challenging routes of 40 and 60 miles are offered. These longer, more challenging (hilly) routes take riders through gorgeous and scenic southwest Wisconsin. Portions of these routes have not appeared on many other rides, and we think cyclists will thoroughly enjoy the new scenery.
- Family friendly routes: The 10-mile route is the shorter, fun route. It is an awesome ride for new cyclists and families with younger children.
- The ultra fun route is the 1-mile loop where tricycles, wagons and strollers are welcomed and encouraged.
- As a fully supported ride, well-placed rest stops on each route provide great snacks, sports drinks, and wonderful hosts. At the end of the ride, enjoy a well-earned rest and delicious lunch!

**Location – (Ride start & finish)**

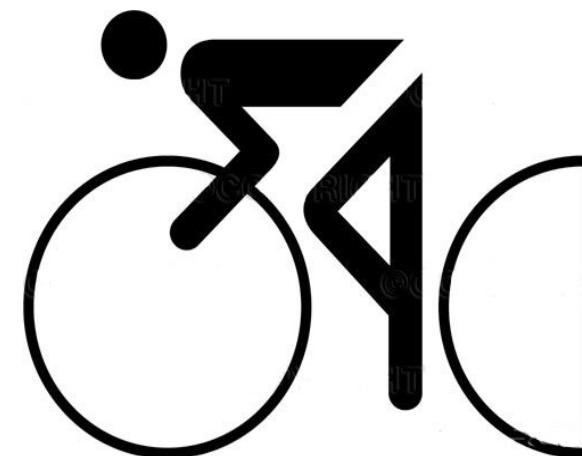
**Tollefson Park** - Verona, WI 53533  
Corner of Whalen Road and Gatsby Glen Drive  
**Contact:** (608) 692-8546

**Schedule of Events**

Registration and Check-In: 6:30AM - 10:00AM  
Post Meal Served: 11:00AM - 3:00PM  
Ride Start: 7:00AM onward

- 60 milers should be on the course by 7:00AM
- 40 milers should be on the course by 8:00AM
- 10 milers should be on the course by 10:00AM
- 1 milers should be on the course by 10:30AM

**Register early ~ Fees go up day of ride!!**  
[www.rmhcride.com](http://www.rmhcride.com)



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**Saturday, August 22, 2009**

Welcome to the 2nd Annual Ronald McDonald House Charity Bike Ride benefiting the Ronald McDonald House Charities of Madison. This is a wonderful day for the family to spend together as well as an excellent opportunity for team building. The day will be filled with an excellent bike ride, great fun and great food, all while benefiting an absolutely wonderful cause.

Ride options include family friendly routes of 1 & 10 miles. For the more avid cyclist there will also be routes of 40 and 60 miles. While these routes are very scenic, they are also very challenging and fairly hilly. The event will have a professional photographer strategically placed to capture all of the fun and highlights.

Net proceeds from this ride will benefit The Ronald McDonald House Charities of Madison, WI. Please visit [www.rmhcmadison.org](http://www.rmhcmadison.org) for more information.

For more ride information: volunteer & registration information please visit:  
[www.rmhcride.com](http://www.rmhcride.com)

**2<sup>nd</sup> Annual Ronald McDonald House Charity Bike Ride 2009 (1 per rider, please)**

Name _____		Phone _____	
Address _____		City _____	State _____ Zip _____
Email _____			
Emergency Contact _____		Emergency Phone _____	
Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female	Date of Birth: _____	Route: 1 <input type="checkbox"/> 10 <input type="checkbox"/> 40 <input type="checkbox"/> 60 <input type="checkbox"/>	
<b>Cost:</b> <input type="checkbox"/> Adult (16+) \$25	<input type="checkbox"/> Youth (7-15) \$10	<input type="checkbox"/> Children 6 & under free with paid registered adult	
<b>Fun-Loop:</b> <input type="checkbox"/> Per family \$25 – No fee increase			
<b>Day of:</b> <input type="checkbox"/> Adult (16+) \$35 <input type="checkbox"/> Youth (7-15) \$15			
<b>T-Shirts \$10:</b> ___ Large ___ Medium ___ Small ___ Youth			
Optional, RMHC Charity Bike Ride – Donation: \$ _____			
<b>TOTAL:</b> _____			

I agree that bicycling is a potentially hazardous activity and that serious injuries or death can occur from accidents, negligence or carelessness. I am in good health and proper physical condition to participate in the ride. I agree that route markings and maps are provided for my convenience only and not to guarantee a safe route or trip. I voluntarily participate in this event and assume all risks associated with participating in this event including, but not limited to illness, injury, falls, contact with other participants, effects of the weather, traffic and conditions of the road, all such risks being known and appreciated by me. I will obey all laws, ordinances and regulations and will do my best to make this ride fun and safe for everyone. I consent to emergency medical treatment in the event of injury or illness. Having read this waiver and knowing these facts and in consideration of your accepting my registration, I, for myself and for those upon whose behalf I act, waive and release all of the cooperating sponsors, groups, agencies or municipalities, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons or organizations conducting or supporting this event. If I am the parent and/or legal guardian of a minor participant, I certify that the minor is in good health, qualified and in proper physical condition to participate in the ride and I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless all of the above released parties from all liability, claims, demands, losses or damages on the minor's account incurred in connection with the ride or its related events and activities. I will indemnify, save and hold harmless each of the released parties from any litigation expenses, attorney fees, loss, liability, damage or cost that may occur as the result of any such claims in connection with the minor's participation in the ride and its related events and activities. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I will wear a bicycle helmet while riding in the ride.

Signature _____	Date _____	Parent/Guardian Signature (if under 18) _____	Date _____
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Mail completed form, signed waiver and fee to: RMHC Charity Bike Ride, 4826 Woodburn Drive, Madison, WI 53711

Your canceled check verifies entry. Sorry, no refunds. Event details subject to change

**Printing generously donated by PRINTEX 3535 University Ave Madison, WI 53705 (608) 238-3525**

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www.rmhcride.com**

You can also register online at [www.zapevent.com](http://www.zapevent.com)

Search on: **Ronald McDonald**

**Ride at a glance:**

- **Saturday, August 22, 2009** (rain or shine)
- Registration and start at Tollefson Park, Verona WI
- Sign-in and Day-of Registration from 6:30AM-10: 30AM
- 60 milers should be on the course by 7AM
- 40 milers should be on the course by 8AM
- Rest stops with snacks and refreshments
- Lunch is provided

**Directions to Tollefson Park, Verona**

Tollefson Park is located in the Hawthorn Hills subdivision @ Gatsby Glen Dr and Whalen Rd in the southeast part of Verona. Additional parking at Glacier Edge Elementary School (800 Kimball Lane)

Verona Rd. [US-151] & follow US-151 South (5.4 mi)  
Take Exit #79/CR-PB toward CR-M (0.2 mi)  
Turn Right on Old CR-PB (0.2 mi)  
Turn Left on Whalen RD.  
Turn Left on Kimball Lane

**Contact: (608) 692-8546**

**Rules of the Road....**

Show your consideration for yourself, fellow bicyclists and drivers. WEAR A HELMET (required), ride sensibly and obey the rules of the road. Bicycles follow Wisconsin's Uniform Vehicle Code, the same as cars.

- Stop at all stop signs. Signal at turns.
- Ride on the right side of the road.
- Ride single file when there is overtaking traffic.
- Move your bike completely off the road when stopping.
- And stay alert to your surroundings!

Thank you for your support of the

Ronald McDonald House Charity Bike Ride

**ENJOY THE RIDE!!**

Save this as your reminder!